

**Your favourite website:**

[www.bbc.com](http://www.bbc.com). The Beeb has everything: video, audio, texts, radio, podcasts on anything and everything. You can always find something of interest to students. My personal favourite is the radio comedy and drama.

**A book you would recommend (fictional or ELT):**

I recently bought Chris Roland's "Understanding Teenagers in the ELT Classroom" and I am so glad I did. It's a brilliant teaching manual, whether you are an NQT or have been teaching for years, and it's relevant not only to teaching teens. It's very readable – just like having a good chat in the staffroom. If you like a long read, "The Forty Days of Musa Dagh" by Franz Werfel should do it. A historical novel based on real events.

**Something you'd never throw away:**

Photos of my maternal grandparents when they were young, in Yorkshire in the 1930s and 1940s. I don't have any photos of my paternal grandparents at that time because they had to leave Poland and couldn't exactly take much with them.

**Who or what inspires you?**

That's easy. My students, and my colleagues, every day.

**The funniest email/whatsapp/message you've ever sent or received (Please keep it politically correct):**

Whenever I read "Thank you for the clase it really liked me" that totally makes my day.

**Your favourite lesson:**

That's different every day. Today it's the VYLs group. They are hilarious.

**Your favourite bit about your talk:**

The bit where we get the option to do the plank on a hopscotch grid. It's not compulsory though! There is a "just use your fingers and hands instead" version.

**A lesson you've learnt while teaching:** To slow down.