

Your favourite website:

<u>www.theguardian.com</u> – I constantly look at this site throughout the day and often get loads of ideas and materials for classes too.

A gadget you can't live without:

My ipod. I listen to podcasts of varying genres every day; they are a constant source of entertainment and information, and quite often, inspiring. My ipod is always with me when I run too, music is a great motivator.

Something you'd never throw away:

I am someone who hoards stuff, too much stuff. I'm working on it but very slowly. Let's just say I wouldn't throw away anything of great sentimental value (the problem is, if you really try, you can find sentiment in most things).

Who or what inspires you?

People in general. One can read an article or see something in the street that inspires you to do something different or think in a different way. Inspiration comes in the strangest of forms and often when we are least expecting it.

Useful teaching tool:

Well, these are three, but they go together: A flexible attitude, imagination and an inquisitive mind...being a bit nosy can glean all kinds of information from students which can often lead to lively debate and exploring language you hadn't planned for in that class.

Your favourite lesson:

The lessons where you have had a last minute idea (from listening to a podcast on the bus en route to work, for example) and then go straight into class and get 40 minutes of dynamic, responsive class time.

Your favourite bit about your talk:

The bit where I get the audience to get up and sing (and act out) '*The Birdy Song*'....only joking!

A lesson you've learnt while teaching:

Material can come from anywhere and you can be the most knowledgeable and well-trained teacher in the world but if you don't find that common ground with your students or have a personality that will engage with them, you may not get the desired results.