Rhythm \& Rhyme<br>Rebecca Place<br>rebecca.place@britishcouncil.es

Clapping, counting, dipping, dancing and chanting.....Fill your class with songs and rhymes to motivate and energise your learners! Make pronunciation into a game and create your own chants! Develop your students' communicative skills by exploiting their listening habits and encourage cooperative learning as they play with rhythm and rhyme.

## Clapping Songs

A sailor went to sea, sea, sea, To see what he could see, see, see.
But all that he could see, see, see, Was the bottom of the deep blue sea, sea, sea.

Pat-a-cake, pat-a-cake, baker's man.
Bake me a cake as fast as you can;
Pat it and shape it and mark it with "B", And bake it in the oven for baby and me.

## When Suzie was a baby

https://www.youtube.com/watch?v=FbHiWXCkKOs

## Skipping Songs

Teddy bear, teddy bear, turn around.
Teddy bear, teddy bear, touch the ground.
Teddy bear, teddy bear, show your shoe.
Teddy bear, teddy bear, that will do!
Teddy bear, teddy bear, go upstairs.
Teddy bear, teddy bear, say your prayers.
Teddy bear, teddy bear, turn out the lights.
Teddy bear, teddy bear, say good-night!
Apples, peaches, pears and plums,
Jump out when your birthday comes,
Is it January, February, March, April, May, June, July, August, September, October, November, December (Child jumps out when their birthday month is called)

Bluebells, cockle shells, eevy ivy over!
My mother sent me to the store
And this is what she sent me for:
Salt, Vinegar, Peppers!
1, 2, 3, 4, 5...
(Keep counting to see which child can skip the longest)
California oranges, 50 cents a pack,
California oranges, tap me on the back!
(A second jumper comes in and tags the first, who leaves, then repeat the song)

Cinderella dressed in yella,
Went upstairs to see her fella,
Made a mistake and kissed a snake,
How many doctors did it take?
1, 2, 3, 4, 5...
(Count jumps out loud until jumper stops jumping)
Dips

## Eeney Meeney Miny Moe

Catch a tiger by its toe.
If it screams, let it go.
Eeney Meeney Miny Moe
Dip dip dip my blue ship
sailing on the water
like a cup and saucer
out goes one
out goes two
out goes another one
and that makes you.

Ip dip doo the cat's got flu
the dog's got chickenpox
so out goes you!

One potato, two potato, three potato, four.
Five potato, six potato, seven potato, more.
(Put your hand behind your back - last person with a potato is "It")

## Action Songs

Row, Row, Row Your Boat

Row, row, row your boat
Gently down the stream.
Merrily, merrily, merrily, merrily
Life is but a dream

I'm a little teapot, short and stout.
Here's my handle, here's my spout.
When the water's boiling,
Hear me shout,
"Pick me up and pour me out!"
This little piggy went to market
This little piggy went to market this little piggy stayed home this little piggy had roast beef and this little piggy had none and... this little piggy, cried wee, wee, wee all the way home.

Jelly on a plate, jelly on a plate
Wibble wobble, wibble wobble, jelly on a plate
Jelly on a plate, jelly on a plate
Wibble wobble, wibble wobble, jelly on a plate
Sausage in a pan, sausage in a pan
Sizzle sizzle, sizzle sizzle, sizzle sizzle bang!
Noodles on a fork, noodles on a fork
Twirly wirly, twirly wirly, noodles on a fork
Popcorn in a pot, popcorn in a pot
Popping popping, never stopping, popcorn in a pot
Honey on a spoon, honey on a spoon
Runny honey, runny honey, honey on a spoon

Incy wincy spider climbed up the water spout
Down came the rain and washed poor Incy out.
Out came the sun and dried up all the rain
And Incy Wincy spider climbed up the spout again.

## I'm handy with my palms

I'm handy with my wrists
I'm handy with my finger tips
I'm handy with my fists.
Here is a bird, a bird in the sky.
Here is a spider, chasing a fly
Here is a crab, that moves to one side
And here is a crocodile with jaws open wide.
I'm handy with my palms
I'm handy with my wrists
I'm handy with my finger tips
I'm handy with my fists.
Here is a church, a church with a tower
Here is a bud turning into a flower
Here is a twig up on a tree
And here are my spectacles, at last I can see.
I'm handy with my palms
I'm handy with my wrists
I'm handy with my finger tips
I'm handy with my fists.
Here are some scissors, scissors that snip
Here is a fish with a tail that goes flip.
Here is a roof to keep out the rain
And here is a window, let's look through the pane.
Julia Donaldson https://www.youtube.com/watch?v=uOwxYDZuZh4

Big fish, little fish
1-2-3-4
Yo-Yo, row your boat ( $\times 3$ )
CARD-BOARD-BOX!
Stack the shelves, shopping trolley ( $x 3$ )
CARD-BOARD-BOX!
Big Fish, Little Fish, Cardboard Box! (x3)
We're all raving mad!
https://www.youtube.com/watch?v=07o1RG3qDf8

## Tongue Twisters

Round the rugged rock, the ragged rascal ran.

Red lorry, yellow lorry

Peter Piper picked a peck of pickled pepper
If Peter Piper picked a peck of pickled pepper, Where's the peck of pickled pepper Peter Piper picked?

Betty Botter bought some butter.
"But" she said, "This butter's bitter.
If I put it in my batter,
It will make my batter bitter."
So she bought some better butter, And it made her batter better.

On the Ning Nang Nong, where the cows go Bong!
And the monkeys all say BOO!
There's a Nong Nang Ning, where the trees go Ping!
And the tea pots Jibber Jabber Joo.
On the Nong Ning Nang, all the mice go Clang,
And you just can' $t$ catch ' $e m$ when they do!
So its Ning Nang Nong, cows go bong
Nong Nang Ning, trees go ping
Nong Ning Nang, the mice go clang
What a noisy place to belong
Is the Ning Nang Ning Nang Nong!!
Spike Milligan

## Counting Songs

One, two, buckle my shoe:
Three, four, open the door:
Five, six, pick up sticks;
Seven, eight, lay them straight:
Nine, ten, a big, fat hen;
Eleven, twelve, dig and delve:
Thirteen, fourteen, maids a-courting;
Fifteen, sixteen, maids in the kitchen:
Seventeen, eighteen, maids a-waiting
Nineteen, twenty, my plate's empty.

This old man, he played One,
He played knick-knack on my thumb...
~With a knick-knack paddy-whack,
~ Give a dog a bone.
~ This old man came rolling home.
This old man, he played Two,
He played knick-knack on my shoe...
This old man, he played Three,
He played knick-knack on my knee...
This old man, he played Four,
He played knick-knack on my door...
This old man, he played Five, He played knick-knack on my hive... This old man, he played Six, He played knick-knack on my sticks...
This old man, he played Seven, He played knick-knack up to Heaven...
This old man, he played Eight, He played knick-knack on my gate...
This old man, he played Nine, He played knick-knack on my spine...
This old man, he played Ten, He played knick-knack once again...

## Five little speckled frogs

Sitting on a speckled log
Eating the most delicious worms - Yum Yum!
One jumped into the pool
Where it was nice and cool
Then there were only four.
Four little speckled frogs...
Five currant buns in a baker's shop, Round and fat with sugar on top.
Along came Joanna with a penny one day, Bought a currant bun and took it away.
Four currant buns in a baker's shop...

One man went to mow,
Went to mow a meadow.
One man and his dog, Spot,
Went to mow a meadow.
Two men went to mow,
Went to mow a meadow.
Two men, one man and his dog, Spot, Went to mow a meadow.....

Ten green bottles standing on the wall.
Ten green bottles standing on the wall.
And if one green bottle, should accidentally fall, There' $d$ be nine green bottles standing on the wall.
Nine green bottles....
One little, two little three little fingers.
Four little, five little, six little fingers.
Seven little, eight little, nine little fingers.
Ten fingers on my hand.
Ten little, nine little, eight little fingers.
Seven little, six little, five little fingers.
Four little, three little, two little fingers.
One finger on my hand.

As I was going to St. Ives
I met a man with seven wives.
Every wife had seven sacks,
Every sack had seven cats,
Every cat had seven kits.
Kits, cats, sacks, and wives,
How many were going to St. Ives?
5 little men in a flying saucer
flew around the world one day
They looked left and right
but they didn't like the sight
so one man flew a way. Wheeeeeee!
4 little men in a flying saucer...

One for sorrow,
Two for joy,
Three for a girl,
Four for a boy,
Five for silver,
Six for gold,
Seven for a secret
Never to be told.
There were ten in the bed and the little one said
"Roll over! Roll over!"
So they all rolled over and one fell out.
There were nine in the bed...

## One Was Johnny

1 was Johnny who lived by himself
2 was a rat who jumped on his shelf
3 was a cat who chased the rat
4 was a dog who came in and sat
5 was a turtle who bit the dog's tail
6 was a monkey who brought in the mail
7 a blackbird pecked poor Johnny's nose
8 was a tiger out selling old clothes
9 was a robber who took an old shoe
10 was a puzzle - what should Johnny do
He stood on a chair and said,
Here's what I'll do - I'll start to count backwards
And when I am through, if this house isn't empty,
I'll eat all of you!
9 was the robber who left looking pale
8 was the tiger who chased him to jail
7 was the blackbird flew off to Havana
6 was the monkey who stole the banana
5 was the turtle who crawled off to bed
4 was the dog who slid home on a sled
3 was the cat who pounced on the rat
2 was the rat who left with the cat
1 was Johnny who lived by himself
And liked it like that!

Some more places to look and articles you might find interesting:
http://www.brighthorizons.com/family-resources/e-family-news/2010-music-and-children-rhythm-meets-child-development/
http://kidshealth.org/en/parents/preschool-music.html?WT.ac=p-ra
http://articles.extension.org/pages/25592/music-activities-teach-important-skills-to-children-in-child-care\#.VZpGuO1VhHw
http://www.abcmusicandme.com/documents/impact_of_music_on_litera cy.pdf
http://www.zelo.com/family/nursery
http://www.babycareadvice.com/babycare/general_help/article.php?id= 35
http://www.smart-central.com/
http://www.kididdles.com/lyrics/index.html

