Your favourite website:

BBC Sport

A gadget you can't live without:

The bottle opener on my keyring.

Something you'd never throw away:

My glasses

Who or what inspires you?

People doing or saying things that seem so simple or obvious, but are actually very innovative or different.

Useful teaching tool:

A chair

Your favourite lesson:

A project that works really well: when the students are all on task, motivated and in the zone. And they produce some fantastic work.

Your favourite bit about your talk:

The moment when somebody (hopefully) turns up.

A lesson you've learnt while teaching:

Always (try to) expect the unexpected.