

Your favourite website: I mention a satirical Irish news site in my talk called The Waterford Whisperer so I'll go for that.

A gadget you can't live without: A kettle.

Something you'd never throw away: I rarely throw anything away, I am a terrible hoarder

Who or what inspires you? I am very lucky to have worked with great teachers and students at the Barcelona Young Learners centre, they give me plenty to think about.

Useful teaching tool: A sense of humour

Your favourite lesson: A getting to know you class that involves translating students' names and Pep Guardiola

Your favourite bit about your talk: There's a shift from light-hearted to serious and back which I hope people find interesting

A lesson you've learnt while teaching: I think self-efficacy, the belief in our ability to succeed is important: "If you think you can or think you can't you're right!"