

**Your favourite website:** <https://www.upworthy.com/> It's a good source for EDI materials and is really up to date with the latest things happening around the world. It makes you think and there's often inspiring stories which are great to share.

**A gadget you can't live without:** I love cooking so a knife sharpener is essential for me as cutting vegetables with a blunt knife is no fun.

**Something you'd never throw away:** Old family photos. I loved looking through them as a kid and learning about my family and something I hope to pass on.

**Who or what inspires you?** A combination of things. I am a Christian so my faith is Jesus is a rock for me and helps me to think about how I can keep on learning every day. People like Nelson Mandela for his ability to forgive in the face of such suffering and still try and bring people together. I try to follow their examples as much as I can although it is not easy!

**Useful teaching tool:** Call bell. Great for getting kids or adults attention.

**Your favourite lesson:** One where students are exposed to a new way of seeing the world and causes them to reflect.

**Your favourite bit about your talk:** Don't really have one but am looking forward to having a chance to discuss the ideas after the session if possible.

**A lesson you've learnt while teaching:** Building a context for each class is key and games which get people moving are great fun.