

Rachael Harris

Your favourite website: Youtube, I use a lot of videos in class, Wikipedia for checking facts and questions that come up in class, and of course my own! – I have a blog for my students with all our lessons and work freely available (fabenglishteacher.com) and one for teachers which includes teaching ideas and my workshop write-ups (fabenglishideas.com) - the one from TESOL Spain will be there soon!

A gadget you can't live without: Probably my kindle, although I use my phone more often I'm more emotionally attached to my kindle and take it everywhere with me, even when I know there's no hope I'll find a minute or two to read!

Something you'd never throw away: This year I'm trying to de-clutter and not to buy any "stuff", so this is a hard question to answer. It would probably be the aforementioned kindle.

Who or what inspires you? Loads of people! I'm fortunate enough to work with some amazing people, colleagues who find the time to do online learning, or set up eco-projects as well as people from teaching associations such as ETAS (Switzerland) and of course my amazing fellow-committee members at IATEFL's Inclusive Practices & SEN group.

Useful teaching tool: I'm pretty low-tech and used to replacing colleagues at the drop of a hat, there's no particular device I can think of. A good idea is the best tool for a successful lesson.

Your favourite lesson: Wow, what a question, too many to mention, I enjoy project work and had a great time building and decorating a house with my primary class last year. I also enjoyed creating a planet with a higher level class, and all the CLIL activities that flowed through that project.

Your favourite bit about your talk: The fact that by doing well-being activities during the talk teachers will actually go away, not just with practical ideas for class, but a spring in their step and a smile in their heart!

A lesson you've learnt while teaching: Two things, firstly that everyone has a story you know nothing about, and it's important to remember that. Secondly that communication is not what you say, it's what the other person hears.