Seven Steps Towards an Active Classroom

1. Language or skills focus
   - Communicative task

2. + space
   - Wall
   - Floor
   - Desk
   - Chair
   - Door
   - Window

3. + speed
   - Static
   - Motion

4. + gesture or action
   - Grip
   - Stretch
   - Throw
   - Catch
   - Manipulate
   - Turn
   - Balance
   - Step/hop/walk

5. + tool
   - Cups
   - Balls
   - Post-its
   - Pens
   - Tape
   - Belt
   - Block
   - Music

6. + assessment task & brain break

7. Decide pairs/groups/teams

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